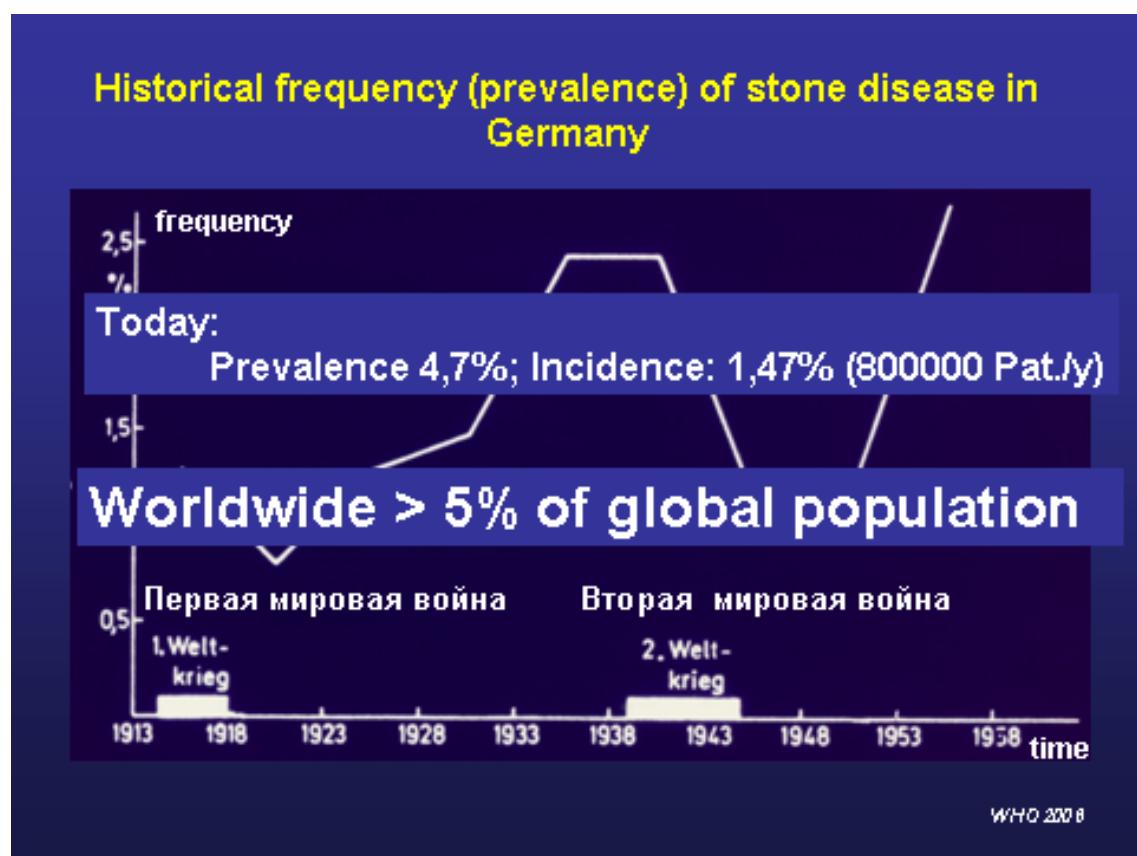
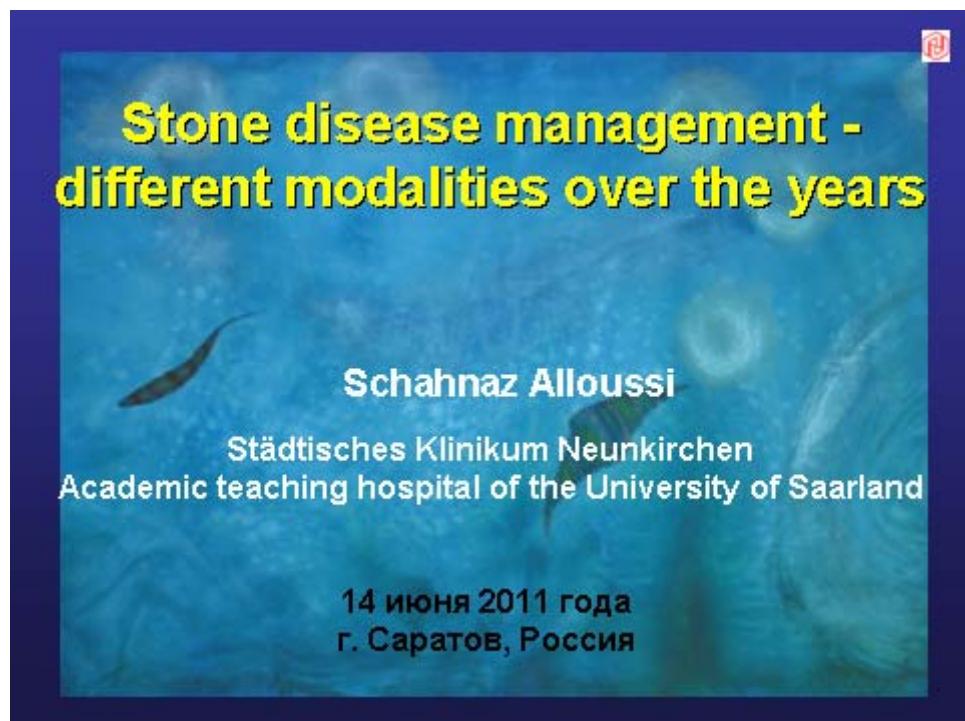


Schahnaz Aloussi

## Stone disease management - different modalities over the years

Academic teaching hospital of the University of Saarland



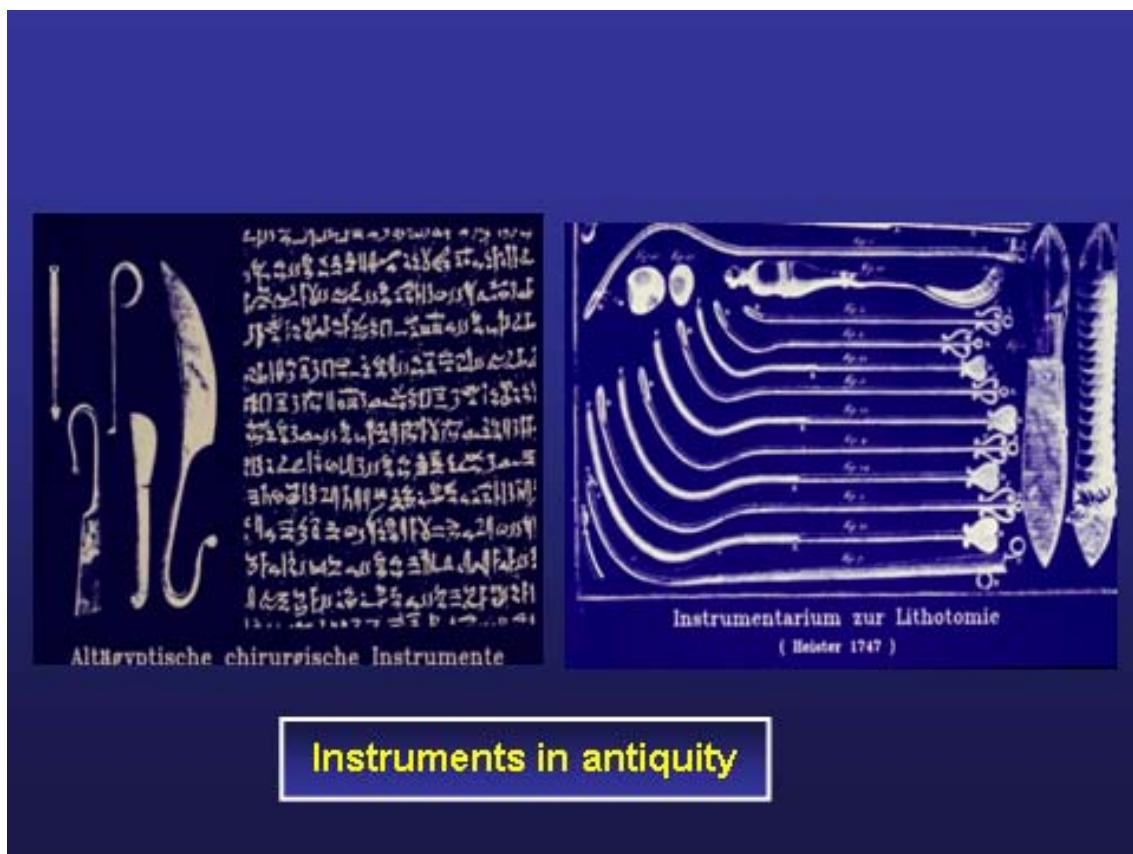
## Therapy of acute stone colic

An effectiv treatment of acute stone colic following an acute disturbance of urine passage of the UUT is finally based on the decrease of renal pelvic pressure, even influenced by pharmacology or interventionell therapy e.g. insertion of ureter catheter or percutaneous nephrostomy.

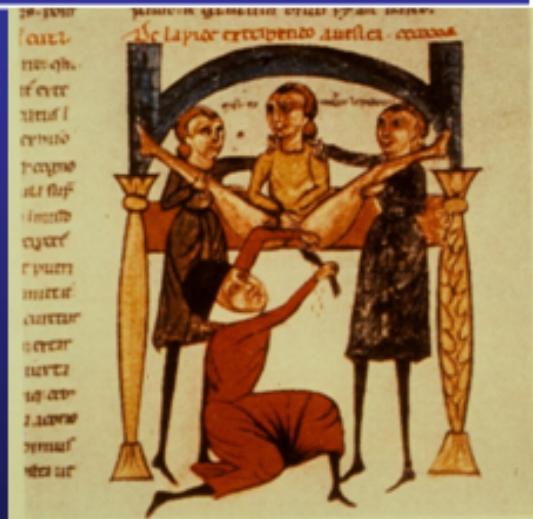
*Sch. Aloussi, Ch. Lang, Urodynamik der oberen Harnwege, in: Urodynamik, 3. Aufl. 2011*

## Renal insufficiency





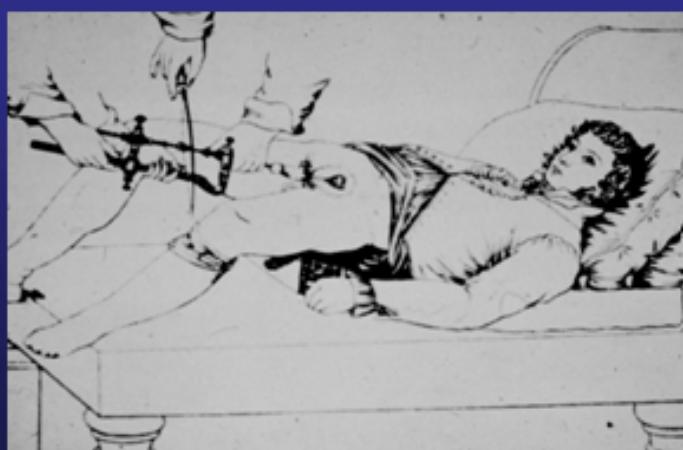
## Lithotomy in medieval times

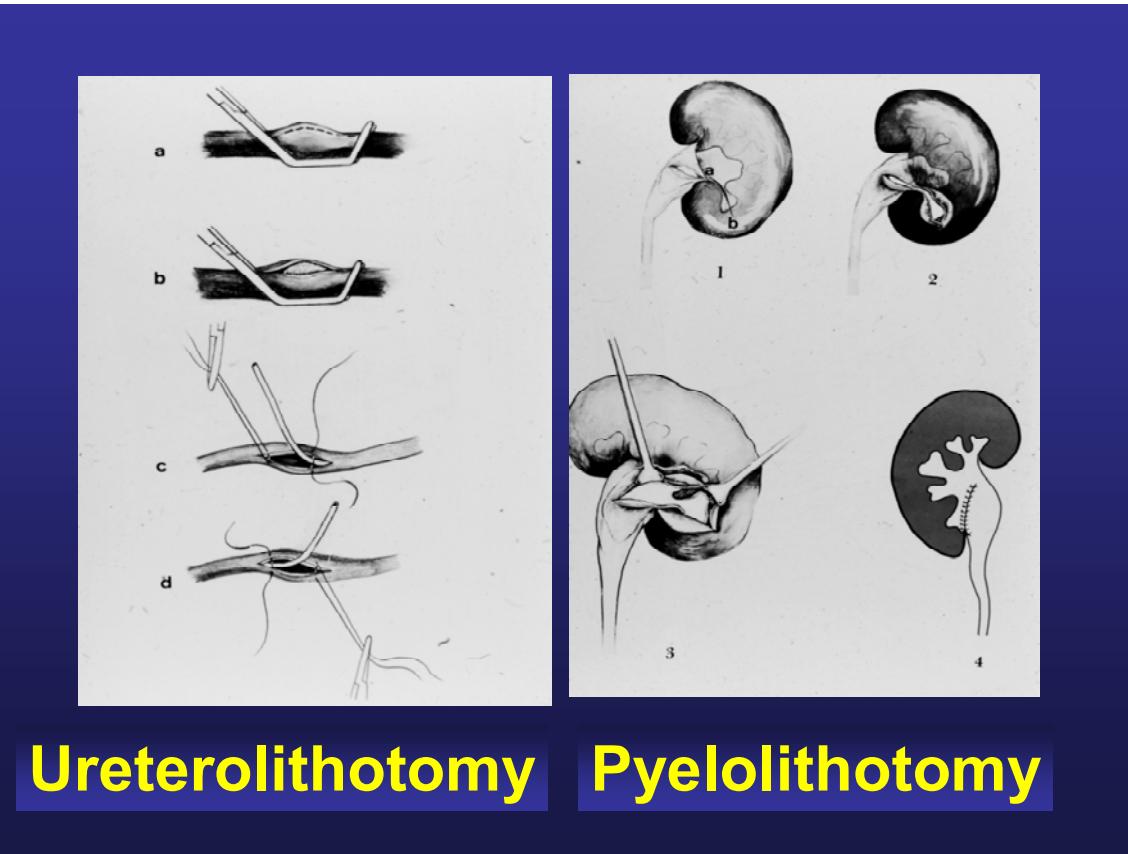


14th century  
*Biblioteca casantese; Milan, Italy*

## “blind” transurethral destruction of bladder stone

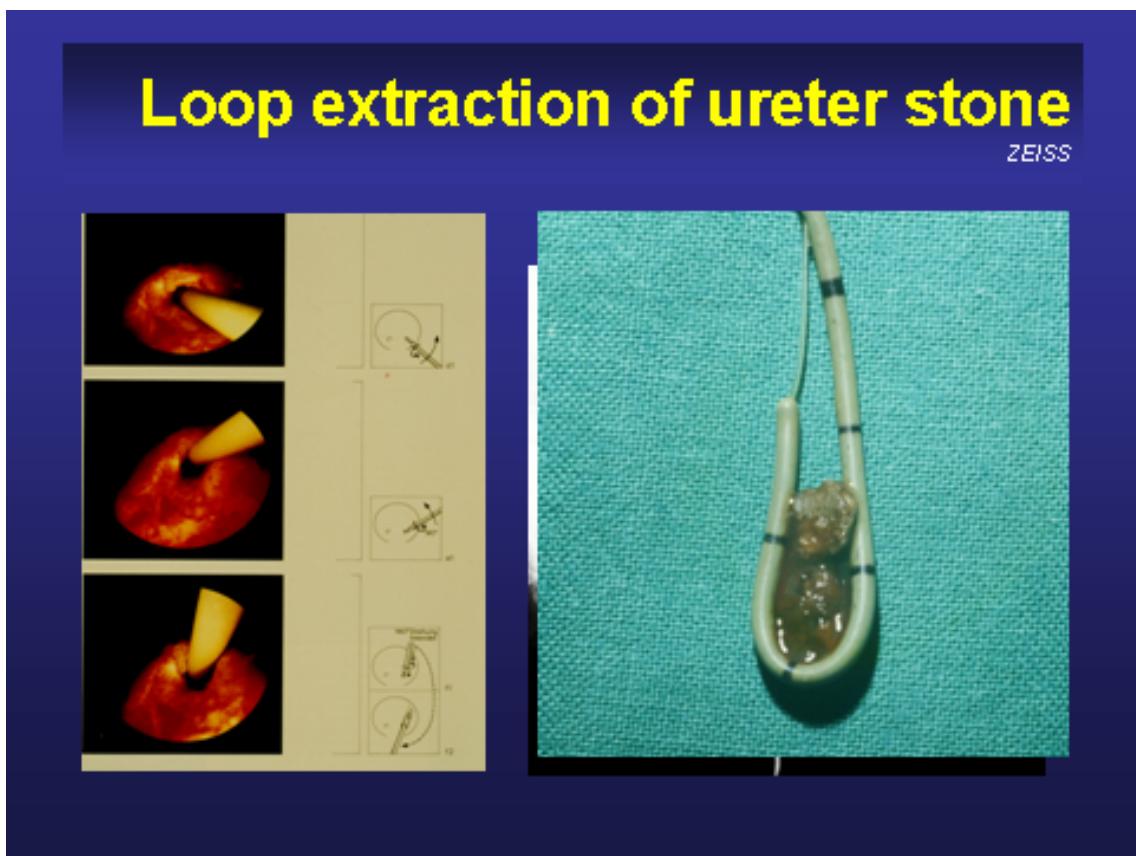
*Civiale, Paris 1824*



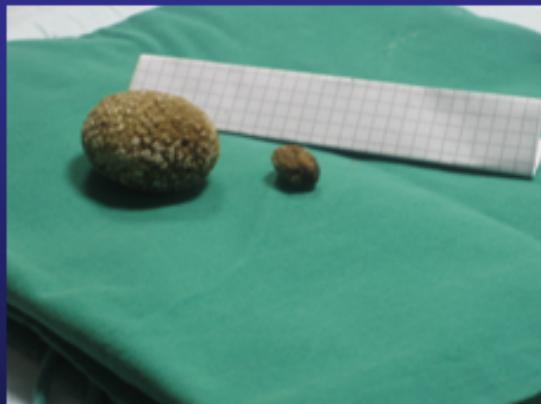
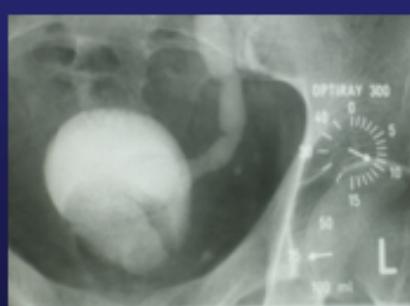


Ureterolithotomy

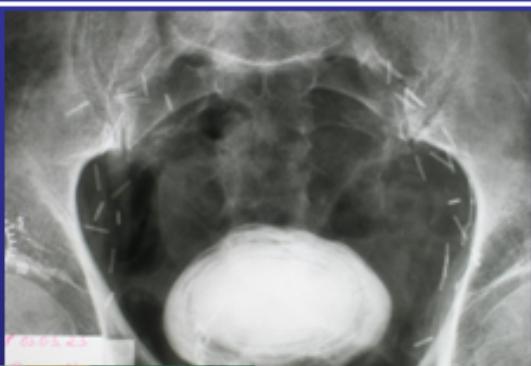
Pyelolithotomy



## Sectio alta in bladder stone + stone in ureterocele



## Sectio alta in Neo-bladder stone



## Extracorporeal Shock Wave Lithotripsy (ESWL)



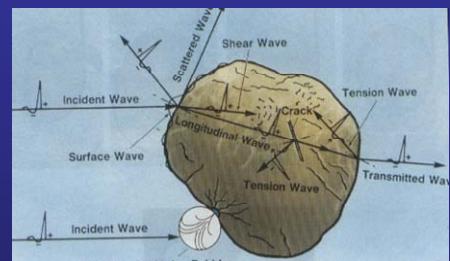
## Theories of stone fragmentation

**tear and shear forces  
and cavitations  
Hopkinson-effect**

EISENBERGER 1977

ZHONG 1999

(high speed photography, translucent stone model)

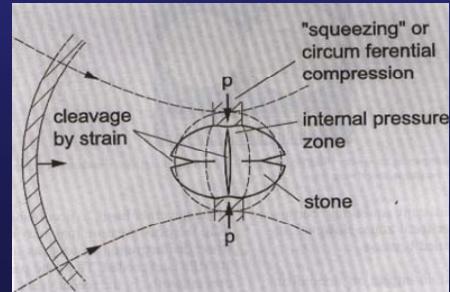


**quasistatic squeezing**

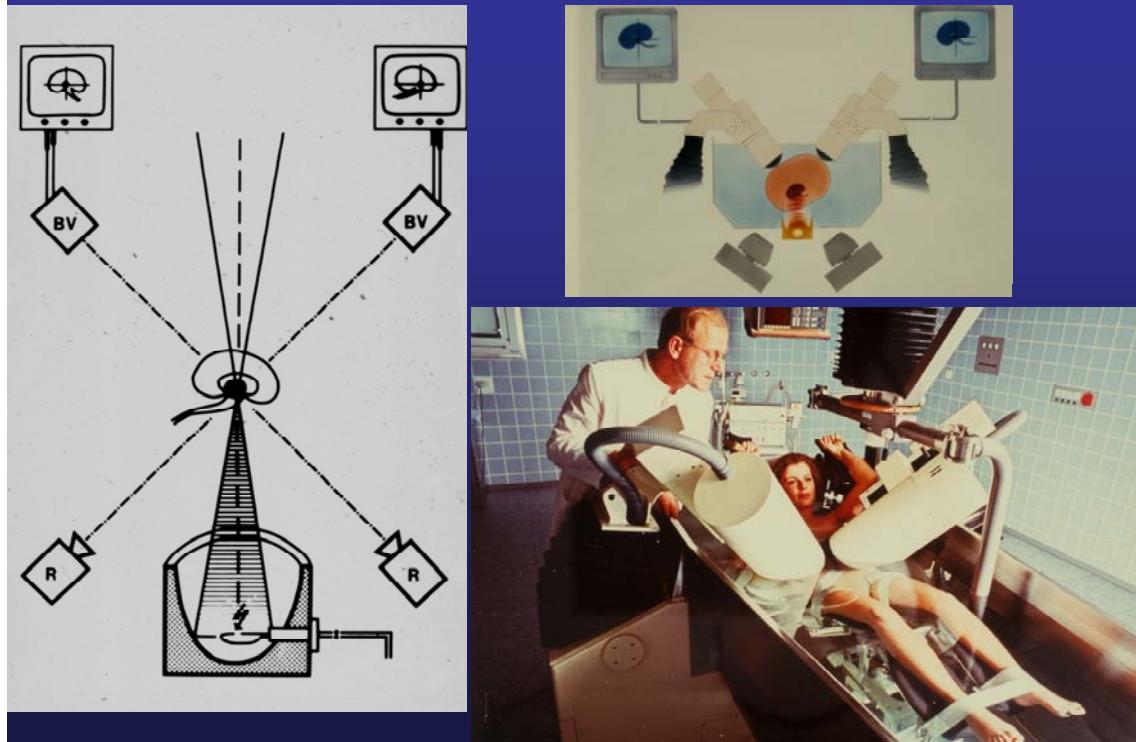
EISENMAYER 2001

**dynamic squeezing**

SAPOSZHIKOV 2007



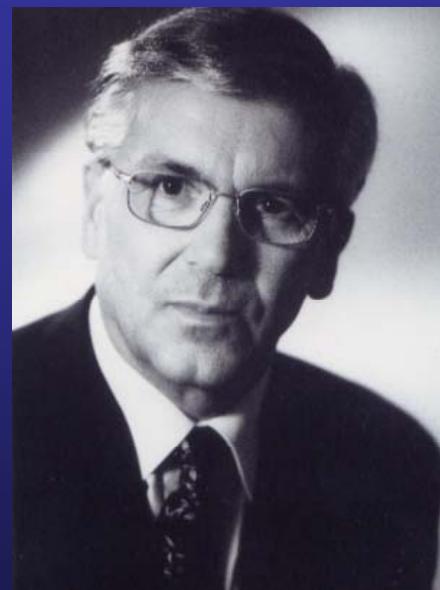
## Dornier prototyp lithotripter



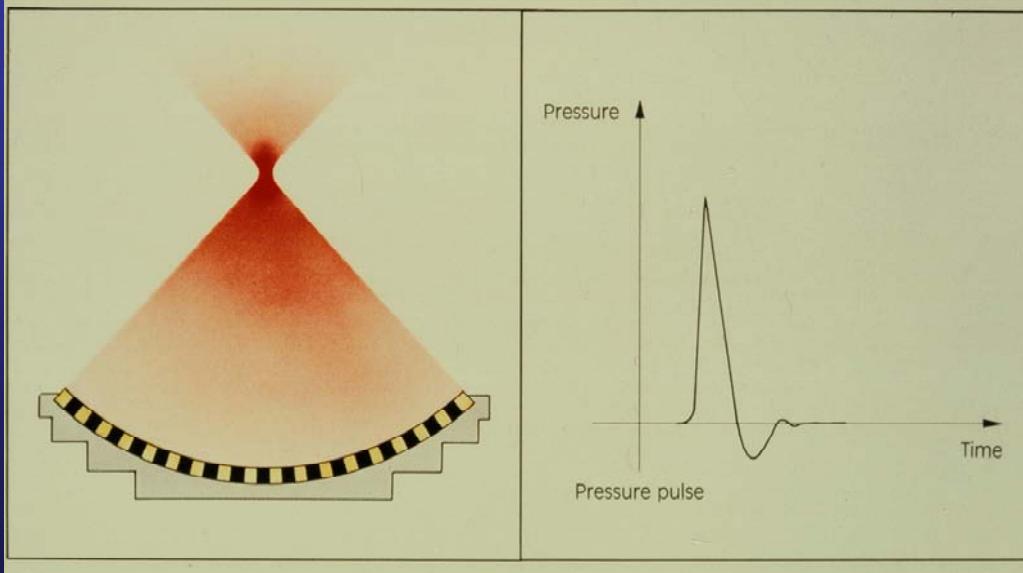
## technical progress – efficacy of shock waves

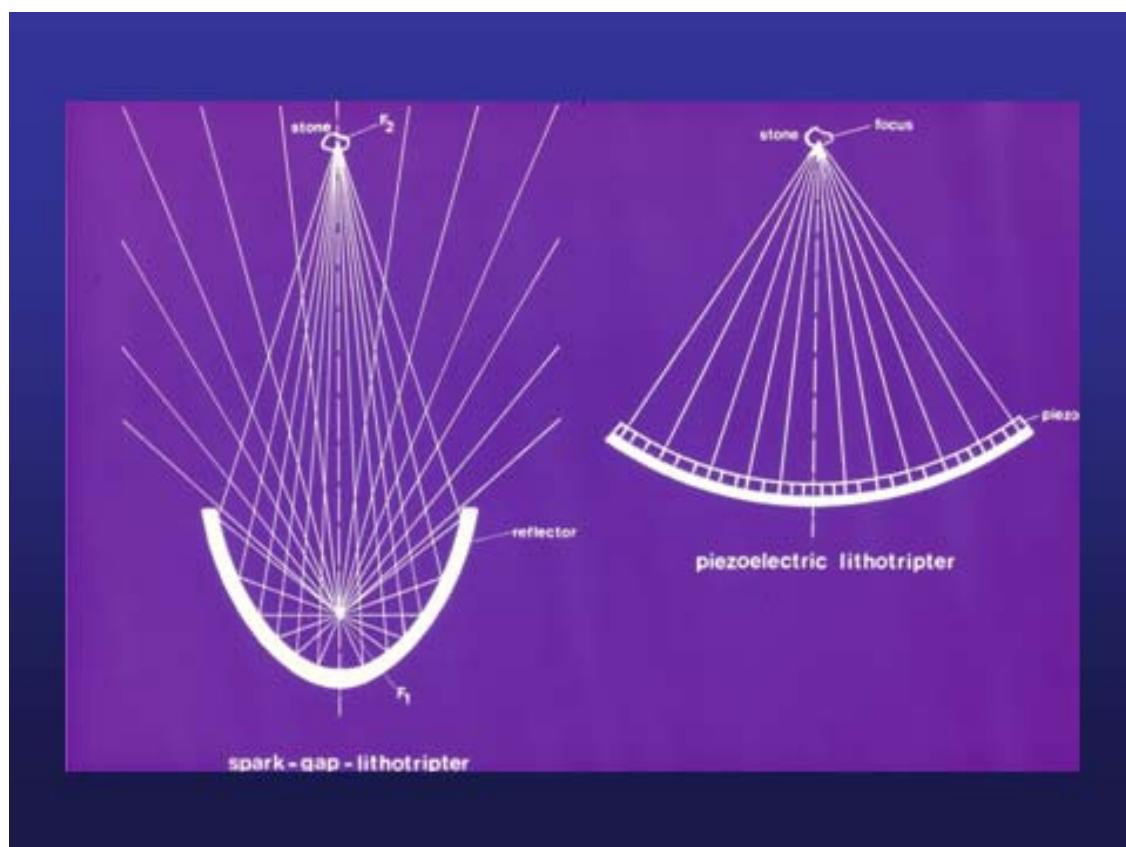
- Shock wave generation
- Focusing
- Coupling
- Localization system
  - Pain free application
  - Multifunctional use
  - Low costs
  - Easy handling

**Prof. Dr. Dr. h. c. M. Ziegler**



### • Piezoelectric Lithotripter





## Contraindications for EPL

- significant and symptomatic urinary tract obstruction
- temperature  $> 38,5^{\circ}\text{C} = 101,5^{\circ}\text{F}$
- blood leucocytes  $> 14.000/\mu\text{l}$
- coagulation diseases
- current anticoagulant agents
- pregnancy
- anatomic deformity
- extreme obesity

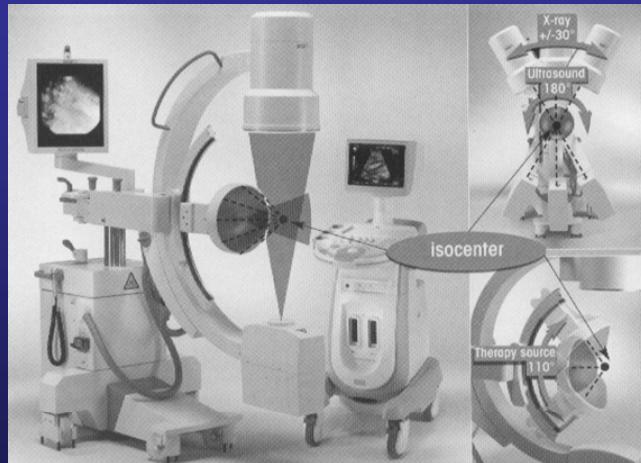
## Possible adverse events in EPL

- Hematuria  $< 20\%$
- urinary tract infection 1-7% (infected calculi)
- urinary obstruction due to fragments becoming lodged in the ureter
- hematoma  $< 1\%$



**Piezolith 3000®; Städt Klinikum Neunkirchen**

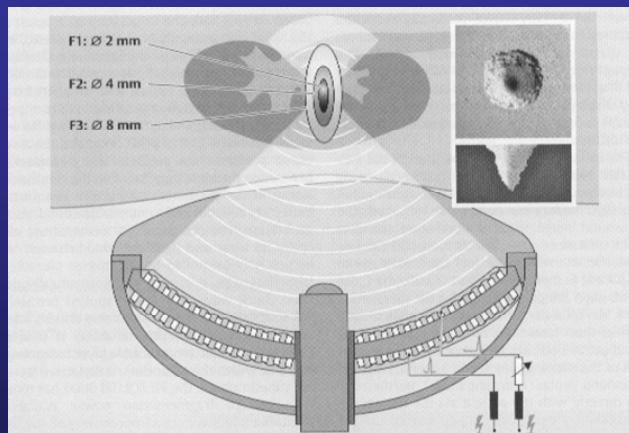
## Localisation system



### ➤ Dual-Simultaneous-Realtime Localisation (DSR)

*Therapeutic energy Application in Urology II, 2010*

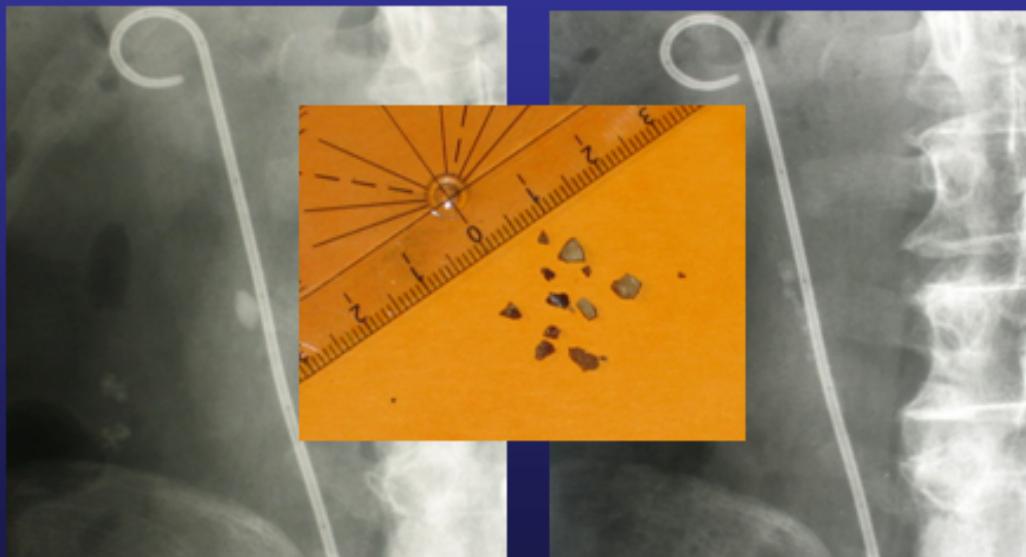
## Energy generator system



- two superimposed piezo active layers (DLT)  
and triple focus zones

*Therapeutic energy Application in Urology II, 2010*

## EPL of ureter calculi



## EPL for bilateral staghorn kidney stone in a 55 years old woman

Conservative therapy of staghorn calculus of bilateral kidney



right kidney



left kidney



IVP, 10' p.i.

## EPL for bilateral staghorn kidney stone

Treatment: 4000sw/ session; focus F1/F3

right kidney:

- stone free after 5 sessions
- mean average: 14.4/ 20

left kidney:

- stone free after 6 sessions
- mean average: 14.2/ 20

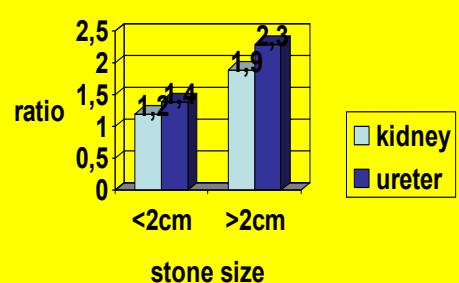
# Stone Disintegration

Städtisches Klinikum Neunkirchen  
Piezolith 3000®

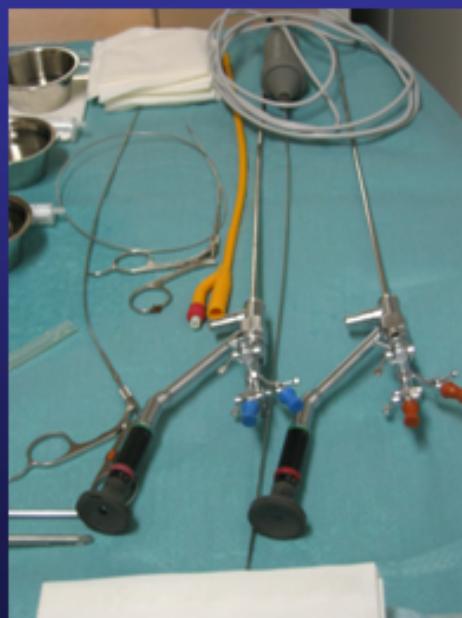
## overall:

- 1067 sessions/ 486 stones since '03-'06
- Disintegration Ratio: 2,2:1
- Auxiliary measures: 15%

Disintegration ratio



# Ureterorenoscopy



## URS-Stondestroy

- Electrohydrolic
- Ultrasound
- Mechanical / ballistic
- Laser
- Combinations

## URS

- **Easy to perform after ureter stent**
- **Siginificant complications <1%** (MARBERGER 1998)
  - hematuria
  - urinary infection
  - ureteral perforation
  - ureteral strictures (0,35%)
- **Ureteral stent postoperative**
  - avoiding serious morbidity
  - increase of costs
  - patients discomfort by voiding problems and flank pain

## flexible URS



## Flexible URS Cobra

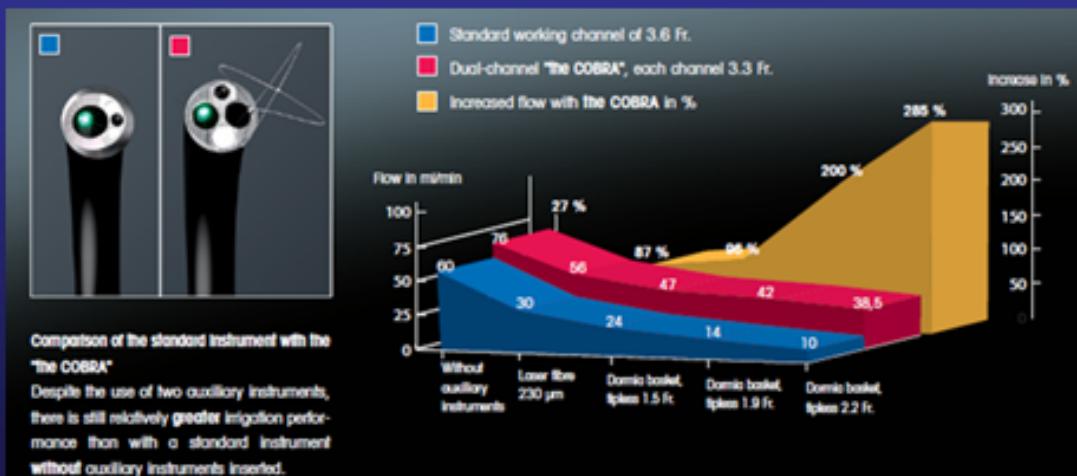


## The COBRA – technical data



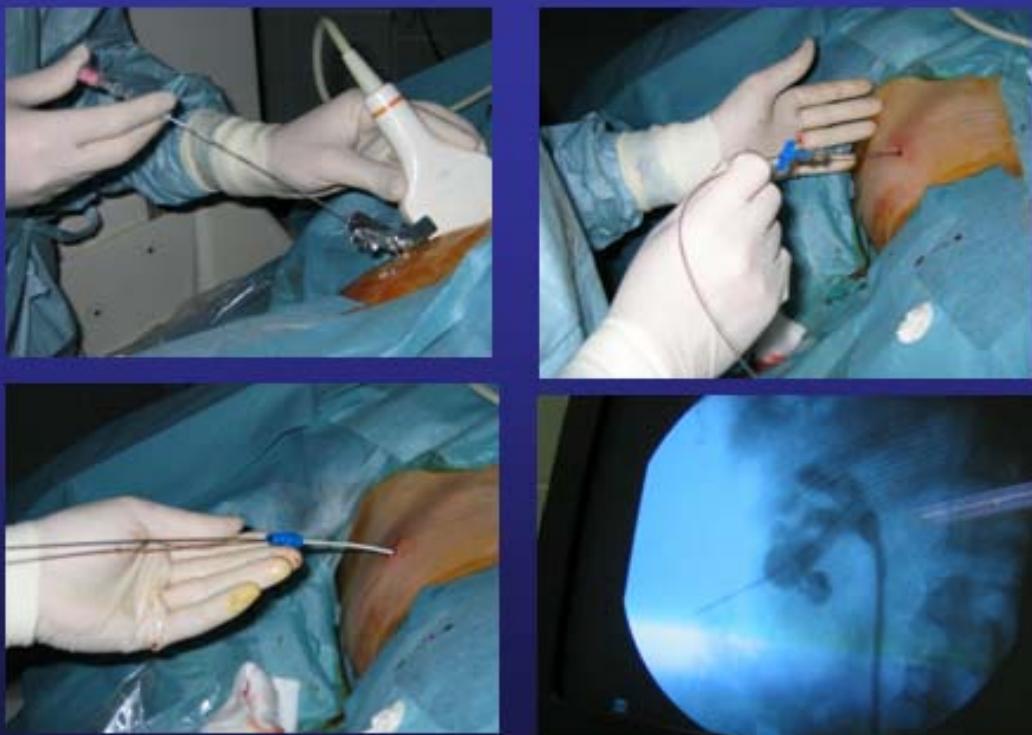
- distal tip: 6 Fr.
- sheath: 9,9 Fr.
- quantity of working channels: 2
- size of the working channels: 3,3 Fr. each,  
for auxiliary instruments up to 3 Fr.
- deflexion: 270° upwards / downwards
- working length: 680 mm
- Viewing direction: 0°
- angle of view: 85°
- laser shifter: for fixation and movement of the laser fiber to a limited stop
- control lever: with position detent at 0°at racked distal tip  
with brake to fix a requested position

## Flow-data Cobra



Data from manufacturer

## Percutaneus access for Nephrolithotomy (PCNL)





# Mini PCNL

System: Miniatur-Nephroskopie-Set nach Nagele (modified version with prolonged sheath; 16,5 Ch.)

## Results of the first 49 treatments in mini PCNL

F. Becker, University of Saarland, Homburg, 2009

- miniPCNL easy to establish for calculus >1cm
- Stone free rate 92%
- Rare complications, conservative controlled
- Indication, stone localisation, correct punctum and standardised setting most important for success



## Stone disease management

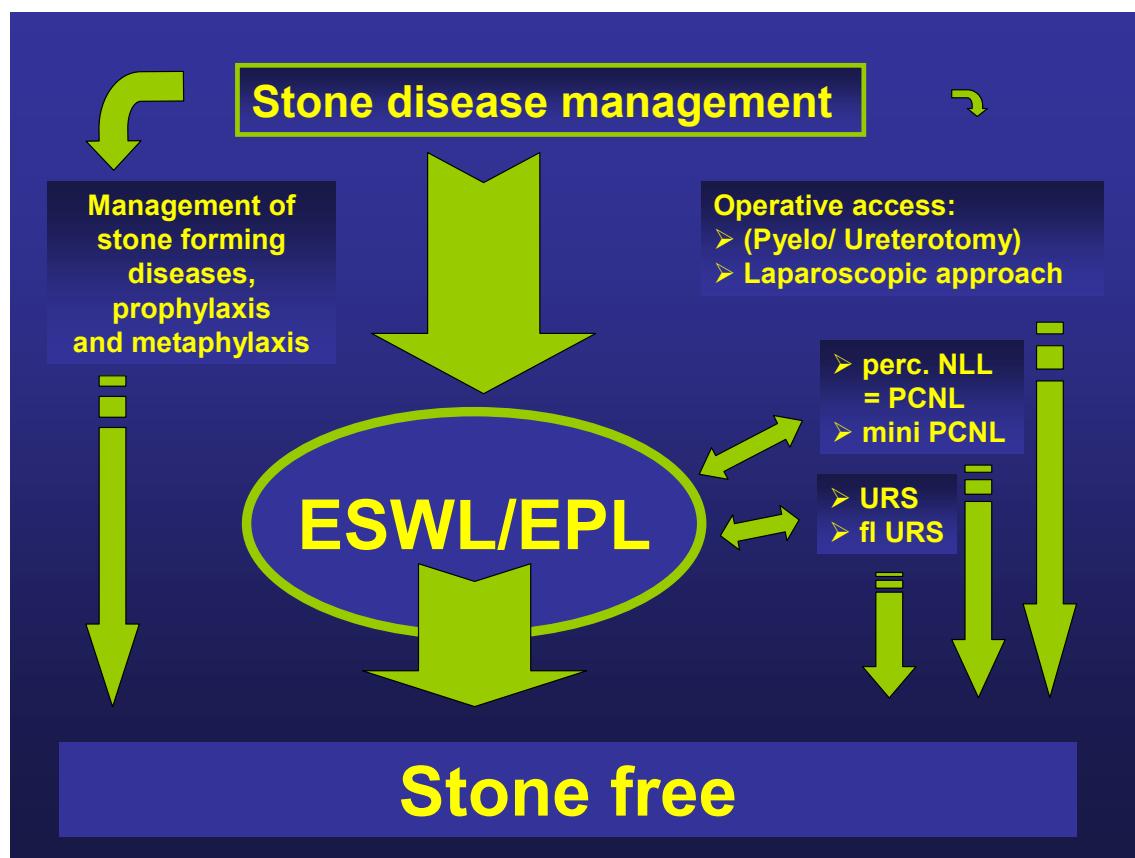
Management of stone forming diseases, prophylaxis and metaphylaxis

Operative access:  
➤ (Pyelo/ Ureterotomy)  
➤ Laparoscopic approach

ESWL/EPL

➤ perc. NLL = PCNL  
➤ mini PCNL  
  
➤ URS  
➤ fl URS

Stone free



## Future ... = "Minolith 2025"



Finally...

Last hope  
*Abra cadabra,*  
here comes a medication  
for kidney and bladder  
stone elimination

